

Academic and Professional-Technical Development Domain	PK	K	1	2	3	4	5	6	7	8	9	10	11	12
<p>ASCA National Standards for academic development guide school counseling programs to implement strategies and activities to support and maximize each student’s ability to learn.</p>														
<p><b>Standard A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.</b></p>														
<p><b>AP:A1 Improve Academic Self-concept</b></p>														
AP:A1.1 Articulate feelings of competence and confidence as learners						I	D			R				
AP:A1.2 Display a positive interest in learning		I	D	R										
AP:A1.3 Take pride in work and achievement			I	D	R									
AP:A1.4 Accept mistakes as essential to the learning process				I	D				R					
AP:A1.5 Identify attitudes and behaviors that lead to successful learning		I	D	R										
<p><b>AP:A2 Acquire Skills for Improving Learning</b></p>														
AP:A2.1 Apply time-management and task-management skills							I	D	R					
AP:A2.2 Demonstrate how effort and persistence positively affect learning					I	D		R						
AP:A2.3 Use communications skills to know when and how to ask for help when needed		I	D	R										
AP:A2.4 Apply knowledge and learning styles to positively influence school performance								I	D	R				
<p><b>AP:A3 Achieve School Success</b></p>														
AP:A3.1 Take responsibility for their actions		I	D	R										
AP:A3.2 Demonstrate the ability to work independently, as well as the ability to work cooperatively with other students			I	D	R									
AP:A3.3 Develop a broad range of interests and abilities							I	D	R					

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AP:A3.4 Demonstrate dependability, productivity and initiative				I	D				R					
AP:A3.5 Share knowledge		I	D	R										

<b>Standard B: Students will complete school with the academic preparation essential to choose from a wide range of postsecondary options.</b>														
<b>AP:B1 Improve Learning</b>														
AP:B1.1 Demonstrate the motivation to achieve individual potential						I			D		R			
AP:B1.2 Learn and apply critical-thinking skills							I		D		R			
AP:B1.3 Apply the study skills necessary for academic success at each level					I	D	R							
AP:B1.4 Seek information and support from faculty, staff, family and peers			I						D	R				
AP:B1.5 Organize and apply academic information from a variety of sources						I	D		R					
AP:B1.6 Use knowledge of learning styles to positively influence school performance								I	D	R				
AP:B1.7 Become a self-directed and independent learner								I	D	R				
<b>AP:B2 Plan to Achieve Goals</b>														
AP:B2.1 Establish challenging academic goals in elementary, middle/Jr. high and high school						I	D			R				
AP:B2.2 Use assessment results in educational planning								I	D		R			
AP:B2.3 Develop and implement annual plan of study to maximize academic ability and achievement										I	D	R		
AP:B2.4 Apply knowledge of aptitudes and interests to goal setting								I	D	R				
AP:B2.5 Use problem-solving and decision-making skills to assess progress toward educational goals								I	D	R				
AP:B2.6 Understand the relationship between classroom performance and success in school			I	D	R									
AP:B2.7 Identify postsecondary options consistent with interests, achievement, aptitude and strengths									I	D	R			

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<b>Standard C: Students will understand the relationship of academics to the world of work and to life at home and in the community.</b>														
<b>AP:C1 Relate School to Life Experiences</b>														
AP:C1.1 Demonstrate the ability to balance school, studies, extracurricular activities, leisure time and family life									I	D	R			
AP:C1.2 Seek co-curricular and community experiences to enhance the school experience								I	D	R				
AP:C1.3 Understand the relationship between learning and work						I	D	R						
AP:C1.4 Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining life goals										I	D	R		
AP:C1.5 Understand that school success is the preparation to make the transition from student to community member								I	D		R			
AP:C1.6 Understand how school success and academic achievement enhance future career and professional-technical opportunities								I	D		R			
<b>AP:C2 Understand the opportunities available and know how to access an array of postsecondary options</b>														
AP:C2.1 Understand opportunities in and how to access PTE Pathways								I	D		R			
AP:C2.2 Understand opportunities in and how to access the military								I	D		R			
AP:C2.3 Understand opportunities in and how to access Advanced Technical Certificates											I	D	R	
AP:C2.4 Understand opportunities in and how to access two-year college									I	D		R		
AP:C2.5 Understand opportunities in and how to access four-year college											I	D	R	
AP:C2.6 Understand opportunities in and how to access certificate programs											I	D		R
AP:C2.7 Understand opportunities in and how to access apprenticeships											I	D	R	
AP:C2.8 Understand opportunities in and how to access on-the-job training											I	D	R	

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AP:C2.9 Understand opportunities in and how to access Job Corps											I	D	R	
AP:C2.10 Understand opportunities in and how to access employment											I	D	R	

Life and Career Development Domain	PK	K	1	2	3	4	5	6	7	8	9	10	11	12
<p>ASCA National Standards for career development guide school counseling programs to provide the foundation for the acquisition of skills, attitudes and knowledge that enable students to make a successful transition from school to the world of work, and from job to job across the life span.</p> <p><b>Standard A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.</b></p>														
<b>LC:A1 Develop Career Awareness</b>														
LC:A1 Develop Career Awareness								I	D	R				
LC:A1.2 Learn about the variety of traditional and nontraditional occupations							I	D	R					
LC:A1.3. Develop an awareness of personal strengths skills, interests and motivations							I	D	R					
LC:A1.4 Learn how to interact and work cooperatively in teams			I	D			R							
LC:A1.5 Learn to make decisions		I	D	R										
LC:A1.6 Learn how to set goals							I	D	R					
LC:A1.7 Understand the importance of planning							I		D		R			
LC:A1.8 Pursue and develop competency in areas of interest and strength									I		D		R	
LC:A1.9 Develop hobbies and professional-technical interests								I	D	R				
LC:A1.10 Balance between work and leisure time									I		D		R	
<b>LC:A2 Develop Employment Readiness</b>														
LC:A2.1 Acquire employability skills such as working on a team, problem-solving and organizational skills							I	D	R					

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LC:A2.2 Apply job readiness skills to seek employment opportunities										I	D		R	
LC:A2.3 Demonstrate knowledge about the changing workplace										I		D		R
LC:A2.4 Learn about the rights and responsibilities of employers and employees											I	D	R	
LC:A2.5 Learn to respect individual uniqueness in the workplace								I	D				R	
LC:A2.6 Learn how to write a résumé												I	D	R
LC:A2.7 Develop a positive attitude toward work and learning								I		D		R		
LC:A2.8 Understand the importance of responsibility, dependability, punctuality, integrity and effort in the workplace										I		D		R
LC:A2.9 Utilize time- and task-management skills							I		D		R			

**Standard B: Students will employ strategies to achieve future career goals with success and satisfaction.**

**LC:B1 Acquire Career Information**

LC:B1.1 Apply decision-making skills to career planning, course selection and career transition								I		D	R			
LC:B1.2 Identify personal skills, interests and strengths and relate them to current career choice								I	D		R			
LC:B1.3 Demonstrate knowledge of the career-planning process								I	D	R				
LC:B1.4 Know the various ways in which occupations can be classified									I	D	R			
LC:B1.5 Use research and information resources to obtain career information								I		D		R		
LC:B1.6 Learn to use the Internet to access career-planning information								I	D	R				
LC:B1.7 Describe traditional and nontraditional career options and how they relate to career choice									I	D		R		
LC:B1.8 Understand how changing economic and societal needs influence employment trends and future training											I	D	R	

<b>Life and Career Development Domain (Continued)</b>	PK	K	1	2	3	4	5	6	7	8	9	10	11	12
<b>LC:B2 Identify Career Goals</b>														
LC:B2.1 Demonstrate awareness of the education and training needed to achieve career goals								I		D	R			
LC:B2.2 Assess and modify their educational plan to support career								I	D		R			
LC:B2.3 Use employability and job readiness skills in internship, mentoring, shadowing and/or other work experience												I	D	R
LC:B2.4 Select course work that is related to career interests										I	D		R	
LC:B2.5 Maintain a career-planning portfolio									I	D	R			
<b>Standard C: Students will understand the relationship between personal qualities, education, training and the world of work.</b>														
<b>LC:C1 Acquire Knowledge to Achieve Career Goals</b>														
LC:C1.1 Understand the relationship between educational achievement and career success							I		D		R			
LC:C1.2 Explain how work can help to achieve personal success and satisfaction								I	D	R				
LC:C1.3 Identify personal preferences and interests influencing career choice and success									I	D		R		
LC:C1.4 Understand that the changing workplace requires lifelong learning and acquiring new skills									I	D	R			
LC:C1.5 Describe the effect of work on lifestyle										I	D	R		
LC:C1.6 Understand the importance of equity and access in career choice											I	D	R	
LC:C1.7 Understand that work is an important and satisfying means of personal expression											I	D		R
<b>LC:C2 Apply Skills to Achieve Career Goals</b>														
LC:C2.1 Demonstrate how interests, strengths and achievement relate to achieving personal, social, educational and career goals							I		D	R				
LC:C2.2 Learn how to use conflict management skills with peers and adults						I	D	R						

<b>Life and Career Development Domain (Continued)</b>	PK	K	1	2	3	4	5	6	7	8	9	10	11	12
LC:C2.3 Learn to work cooperatively with others as a team member			I	D	R									
LC:C2.4 Apply academic and employment readiness skills in work-based learning situations such as internships, shadowing and/or mentoring experiences												I	D	R

<b>Personal and Social Development Domain</b>	PK	K	1	2	3	4	5	6	7	8	9	10	11	12
ASCA National Standards for personal/social development guide school counseling programs to provide the foundation for personal and social growth as students progress through school and into adulthood.														
<b>Standard A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.</b>														
<b>PS:A1 Acquire Self-knowledge</b>														
PS:A1.1 Develop positive attitudes toward self as a unique and worthy person		I	D	R										
PS:A1.2 Identify values, attitudes and beliefs				I	D	R								
PS:A1.3 Learn the goal-setting process						I	D	R						
PS:A1.4 Understand change is a part of growth					I	D		R						
PS:A1.5 Identify and express feelings		I	D	R										
PS:A1.6 Distinguish between appropriate and inappropriate behavior		I	D	R										
PS:A1.7 Recognize personal boundaries, rights and privacy needs		I	D	R										
PS:A1.8 Understand the need for self-control and how to practice it			I	D	R									
PS:A1.9 Demonstrate cooperative behavior in groups		I	D	R										
PS:A1.10 Identify personal strengths and assets						I	D	R						
PS:A1.11 Identify and discuss changing personal and social roles									I	D	R			
PS:A1.12 Identify and recognize changing family roles						I	D	R						

Personal and Social Development Domain (Continued)	PK	K	1	2	3	4	5	6	7	8	9	10	11	12
<b>PS:A2 Acquire Interpersonal Skills</b>														
PS:A2.1 Recognize that everyone has rights and responsibilities					I	D	R							
PS:A2.2 Respect alternative points of view				I	D	R								
PS:A2.3 Recognize, accept, respect and appreciate individual differences		I	D	R										
PS:A2.4 Recognize, accept and appreciate ethnic and cultural diversity		I	D	R										
PS:A2.5 Recognize and respect differences in various family configurations						I	D	R						
PS:A2.6 Use effective communications skills		I	D	R										
PS:A2.7 Know that communication involves speaking, listening and nonverbal behavior					I	D	R							
PS:A2.8 Learn how to make and keep friends		I	D	R										
<b>Standard B: Students will make decisions, set goals and take necessary action to achieve goals.</b>														
<b>PS:B1 Self-knowledge Application</b>														
PS:B1.1 Use a decision-making and problem-solving model		I	D	R										
PS:B1.2 Understand consequences of decisions and choices					I	D	R							
PS:B1.3 Identify alternative solutions to a problem		I	D	R										
PS:B1.4 Develop effective coping skills for dealing with problems			I	D	R									
PS:B1.5 Demonstrate when, where and how to seek help for solving problems and making decisions		I	D	R										
PS:B1.6 Know how to apply conflict resolution skills		I	D	R										
PS:B1.7 Demonstrate a respect and appreciation for individual and cultural differences		I	D	R										
PS:B1.8 Know when peer pressure is influencing a decision					I	D	R							
PS:B1.9 Identify long- and short-term goals							I		D		R			
PS:B1.10 Identify alternative ways of achieving goals								I	D		R			
PS:B1.11 Use persistence and perseverance in acquiring knowledge and skills						I	D	R						



Personal and Social Development Domain (Continued)	PK	K	1	2	3	4	5	6	7	8	9	10	11	12
PS:B1.12 Develop an action plan to set and achieve realistic goals								I	D	R				

**Standard C: Students will understand safety and survival skills.**

PS:C1 Acquire Personal Safety Skills														
PS:C1.1 Demonstrate knowledge of personal information (i.e., telephone number, home address, emergency contact)		I	D	R										
PS:C1.2 Learn about the relationship between rules, laws, safety and the protection of rights of the individual		I	D		R									
PS:C1.3 Learn about the differences between appropriate and inappropriate physical contact			I	D	R									
PS:C1.4 Demonstrate the ability to set boundaries, rights and personal privacy			I	D	R									
PS:C1.5 Differentiate between situations requiring peer support and situations requiring adult professional help		I	D	R										
PS:C1.6 Identify resource people in the school and community, and know how to seek their help				I	D	R								
PS:C1.7 Apply effective problem-solving and decision-making skills to make safe and healthy choices		I	D	R										
PS:C1.8 Learn about the emotional and physical dangers of substance use and abuse		I	D	R										
PS:C1.9 Learn how to cope with peer pressure					I	D	R							
PS:C1.10 Learn techniques for managing stress and conflict			I	D	R									
PS:C1.11 Learn coping skills for managing life events			I	D	R									